

Rockridge Sting Tryout Schedule March 6th, 7th, and 13th 2010

Team	Saturday March 6 College of Alameda	Sunday March 7 Mills College	Saturday March 13 College of Alameda
U10 Boys (Born after 7/31/00) Coach: Christian Hausser Christian.Hausser@jpl.com	12:30 pm – 2:00 pm	12:30 pm – 2:00 pm	
U11 Boys (Born after 7/31/99) Coach: Frank Hernandez frankyg510@yahoo.com	8:00 am -9:30 am	3:30 pm – 5:00 pm	
U12 Boys (Born after 7/31/98) Coach: Blaise Curet bcuret@sdmp.com	3:30 pm - 5:00 pm	11:00 am -12:30 pm	12:00 pm – 2:00 pm
U13 Boys (Born after 7/31/97) Coach: Sheryl Bregman Sheryl_bregman@hotmail.com	2:00 pm - 3:30 pm	2:00 pm - 3:30 pm	
U16 Boys (Born after 7/31/94) Coach: Tim Potter pottertl@comcast.net	date and time TBD will be after March 28		
U19 Boys (Born after 7/31/91) Coach: Steve Shub sgs@crafts.net	date and time TBD		
U10 Girls (Born after 7/31/00) Coach: David Weinerth dave@weinerth.com	12:30 pm – 2:00 pm	12:30 pm – 2:00 pm	
U11 Girls (Born after 7/31/99) Coach: Sarah Weld sarah.weld@sbcglobal.net	11:00 am – 12:30 pm	11:00 am – 12:30 pm	
U12 Girls (Born after 7/31/98) Coach White: Mike Voitalla mike@socceramerica.com Coach Green: Stacey Ver veroak@pacbell.net	9:30am – 11:00 am	9:30 am – 11:00 am	
U13 Girls (Born after 7/31/97) Coach: Colleen McCauley cmccauley66@yahoo.com Coach: Chris Sutherland chris@consultants2.net	3:30 pm - 5:00 pm	3:30 pm - 5:00 pm	
U14 Girls (Born after 7/31/96) Coach: Jessica Wyatt jesswyatt@sbcglobal.net	2:00 pm - 3:30 pm	2:00 pm - 3:30 pm	

U16 Girls (Born after 7/31/94) Coach: Chris Remer clremer@comcast.net			2:00 pm – 5:00 pm
U19 Girls (Born after 7/31/91) Coach: Mike Greening mtgreening@att.net			2:00 pm – 5:00 pm

Field Directions:

College of Alameda

This field is located in the City of Alameda, behind the College at the intersection of Atlantic Avenue and Webster Street. From the Webster St. entrance to Alameda, stay in the right lane as you go through the tunnel. Take the first right turn just after you leave the tunnel - this is Mariners Square Dr. Immediately turn left into the campus. The soccer fields and parking are on your right. Bring two quarters to buy a parking permit. The campus police may ticket cars without permits.

Mills College:

Mills College is located immediately off of Highway 580 in Oakland at the junction of 580 (MacArthur Freeway) and Highway 13 (Warrant Freeway). There are three MacArthur Blvd exits from 580 east, so please follow the directions carefully.

From the North: Take I-580 east toward Hayward/Stockton. Take the MacArthur Blvd. exit between the High St. and Seminary Ave. exits. Bear right onto MacArthur Blvd. Mills' front gate is immediately ahead on your left. The soccer field is just ahead on your left.

From the South: Take I-580 west to the MacArthur Blvd./High St. exit just past the junction with Highway 13. Turn left at the stop sign and proceed under the freeway overpass. Turn left at the stoplight onto MacArthur Blvd. Mills' front gate is immediately ahead on your left. The soccer field is just ahead on your left.

Please be respectful of parking and speed limit restrictions. All participants must park in the parking lot to the direct right of the entrance. Do not park at the Julia Morgan School or on the street. The College is very sensitive to the parking issue.

Tryout Checklist

- Arrive at least 20 minutes prior to the start of your tryout.
- Sign in.
- Get a tryout number.
- Check the fields for your appropriate age group, and go to your tryout area.
- Attend all tryout times for your age group. If you cannot make the tryout, contact the coach for that team to discuss alternative arrangements.

What to bring to the tryout

- [Sting Commitment and Medical Release Form](#) signed by parent or guardian.
- Forms are available on our website and at the tryouts.
- Players must wear shin guards and soccer cleats
- A soccer ball with your name on it
- Plenty of water

When and how will players know if they have been selected for a Sting team?

Coaches are required to notify all players whether or not they were selected who tried out for a Sting team within 7 days of the last tryout date.

For more information, please e-mail the Rockridge Sting Class III coordinators at class3@rockridgesoccer.org.